



**KARATE
CANADA**

KARATE CANADA PROUDLY INVITES YOU TO ITS

2012

**NATIONAL JUNIOR
TRAINING CAMP**

MARCH 19-20

This year's edition will include :

- Advanced sport kumite training under 3 current National Team Coaches
- Joint sessions as well as customized sessions for different age groups and levels
- Exclusive sessions for 2012-2013 Jr National team members, in preparation for the 2012 North American Cup, USA Open and Jr Pan Ams
- Cross-training with top Olympic Taekwondo and Judo Coaches for Ippon kumite techniques
- Workshops and conferences on sports nutrition, injury prevention and taping
- Video Analysis workshop

**FOR INFORMATION,
REGISTRATION
& SCHEDULE:**

WWW.KARATECANADA.ORG

or contact Mr Olivier Pineau
(Karate Canada's Executive Director),
at: Olivier@karatecanada.org

Karate Canada Head Office Tel: 514-252-3209

KARATE CANADA'S 2012 JR NATIONAL TRAINING CAMP:

BUILDING TOMORROW'S CHAMPIONS TODAY!



SHERATON VANCOUVER AIRPORT HOTEL
7551 WESTMINSTER HWY
RICHMOND BC

REGISTRATION FEE: 125\$ PER PARTICIPANT
(Club and Provincial / Territorial Team Coaches
are welcome to observe.)