

# SESSION DESCRIPTIONS



**From the athlete to the dojo owner; from the coach that works with high performance athletes to the instructor who wants to help improve their community or the national or international referee, the 2011 Karate Canada Summit and Symposium has something for you.**

**Come train your body and your mind.**

**Join us November 26-27, 2011 in Toronto.**

**Register now, as space in some sessions is limited.**

## **Universalization of the Martial Art in the light of the SMP Factor and the DCA Theory**

— *Antonio Oliva Seba*

Intended for Coaches and Instructors

SMP – Feeling, Moving and Thinking

DCA – Dominator, Complementary and Harmonizer

What do these mean? How do they relate to each other and to the martial arts?

Come learn from Antonio Oliva Seba in his always informative conference session.

## **Practical Session**

— *Con Kassis*

Intended for referees, and those who wish to become referees.

Come and learn from the Chairman of the World Karate Federation Referee Commission.

Learn about the current rules and how the recent rule changes will affect you.

Bring your gi.

## **Practical Session**

— *Antonio Oliva Seba*

Intended for athletes, coaches and instructors.

Put on your gi's and be prepared to learn strategies to improve your kumite.

## **Working Lunch: Success Strategies for Increasing Club Membership and Building Your Business**

— *Jim Morrison*

Topics will include

- Taking your business to the next level
- Building the pillars of your business
- Setting a goal for success
- Pricing
- Setting up a monthly marketing schedule
- Group Intros/ Group sales

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## **Round Table: Theory and Practice of WKF Kata & Kumite Rules**

— *with Antonio Oliva Seba, Con Kassis, Dragan Kljenak and Zvonimir Celebija*

Theory base of WKF 'Competition Rules' will look at the new karate sport definition, competition rules analysis and quantification, and comparisons to other relevant combative sports. Practice of WKF Rules of Competition will look at practical demonstration of possible alternatives in equipment, protocols and outcomes.

## **Practical Sessions**

— *Antonio Oliva Seba and Con Kassis*

For coaches, athletes, instructors and referees  
Master tactician and the world's foremost authority on current WKF rules will work together to deliver joint sessions integrating interaction between the athletes and the referees.  
Bring your gi.

## **Working Lunch: Fit4Defense**

— *Suzanne Jean*

**Fit4Defense** is a program that increases youth empowerment through self-defense, assertiveness training and the development of life skills. It offers instructors an effective, standardized curriculum for providing youth with information and techniques to gain life and leadership skills, improve communication and manage anger for the purpose of violence prevention, increased safety and risk reduction. It enhances fitness and motivates participation in community sport, martial arts and recreation programs.

For more information : [www.karatecanada.org](http://www.karatecanada.org)